

Dr. William S. Silver, MD
Dr. Eric L. Tatar, MD
Dr. Svetlana Korenfeld, MD
Palisades Professional Center
2 Medical Park Drive, West Nyack, NY 10994
845-362-3300

DATE:

TIME:

Compre en la farmacia una botella de – MIRALAX 8.3oz, Dulcolax, y 96 oz. de gatorade

EL DIA ANTES DEL EXAMEN

1. Puedes comer un desayuno normal, despues del desayuno, debes mantener una dieta de solo liquidos.

2. A las 1:00 p.m. tomese 4 pildoras de Dulcolax



3. A las 4:00 p.m. mescle el polvo de Miralax con 96 oz.de Gatorade o de liquidos claros (cualqier color menos rojo o azul), debe beberse la mezcla completa dentro de tres horas. Si le da dolor pudes usar Mylicon, Gas-X, o Mylanta.



+



8.3oz Miralax powder

96 oz. Gatorade

4. Debes beber muchos liquidos el dia completo hasta la medianoche.

LIQUIDOS CLAROS QUE PUEDES TOMAR EL DIA ANTES DEL EXAMEN

AGUA, JUGO DE MANZANA, JUGO BLANCO DE UBA, JUGO DE CRANBERRY, CALDO DE SOPA, CAFÉ NEGRO, TE, JUGO DE GRAPEFRUIT, SODA, JELATINA

*****NO PUEDES COMER COMIDA SOLIDA, PRODUCTOS LACTEOS, NI JELATINA ROJO O AZUL*****

EL DIA DEL EXAMEN

1. No puedes comer ni beber nada hasta **DESPUES** del examen.

2. **DEBES VENIR ACOMPAÑADO, NO VAS A PODER MANEJAR DESPUES DEL EXAMEN.**

Si no tiene acompañante favor de llamar la oficina para hacer otra cita.

PARE UNA SEMANA ANTES DEL EXAMEN

ASPRIN, NAPROSYN, CELEBREX, MOBIC, PLAVIX, ECOTRIN, COUMADIN, ADVIL, IBUPROFEN, MULTIVITAMINAS CON HIERRRO, O VITAMINA E.

NO SE TOME LA MEDICINA PARA LA DIABETIS LA MANANA DEL EXAMEN

EL DIA DEL EXAMEN, DEBE TOMARSE LA MEDICINA PARA LA PRECION

Si le da cualquier tipo de dolor la semana antes del examen ,solo use TYLENOL

DEBES NOTIFICARNOS SI ¡LE HAN HECHO REEMPLAZO VALVULAR DEL CORAZON

FAVOR DE LLAMAR LA OFICINA MEDIA HORA ANTES DE SU CITA INDICADA, PARA VERIFICAR QUE LA HORA DE SU CITA VA ESTAR A TIEMPO, *PUEDE HABER RETRASOS*****

NORTHERN EASTERN ANESTHESIA SERVICES, PC

118 NORTH BEDFORD ROAD

SUITE 200

MT. KISKO, NY 10549-1009

OFFICE: (800) 362-6220

FAX: (914) 666-6777

A NOTE REGARDING YOUR ANESTHESIA SERVICE

A BOARD CERTIFIED ANESTHESIOLOGIST, AS AN INDEPENDENT CONTRACTOR, WILL PROVIDE YOUR ANESTHESIA SERVICE. THE ANESTHESIOLOGIST IS NOT AN EMPLOYEE OF DR. SILVER OR DR. TATAR'S OFFICE.

IF YOU DO NOT RECEIVE A BILL FROM NORTHEASTERN ANESTHESIA SERVICES PC, IT MEANS THAT YOUR INSURANCE CARRIER HAS SATISFACTORILY ADDRESSED THE CLAIM AND YOU DO NOT NEED TO INQUIRE ANY FURTHER. WE CURRENTLY PARTICIPATE WITH MOST INSURANCE CARRIERS IN YOUR AREA.

ALTHOUGH MOST CLAIMS ARE SATISFACTORILY ADDRESSED, IF YOU DO RECEIVE A BILL FROM NORTH EASTERN ANESTHESIA SERVICES PC, YOU MAY HAVE A PLAN THAT, DESPITE OUR PARTICIPATION, APPLIES A CO-PAY OR DEDUCTABLE MAKING YOU FINANCIALLY RESPONSIBLE FOR A PORTION OF OUR SERVICE. PLEASE DO NOT CALL YOUR PHYSICIAN'S OFFICE. IF YOU HAVE ANY QUESTIONS, PLEASE CALL US AT (800) 362-6220. YOU MAY WANT TO DISCUSS WITH YOUR INSURANCE CARRIER THE SPECIFICS OF YOUR PLAN.

IF YOU RECEIVE A CHECK FROM YOUR INSURANCE COMPANY PAYABLE TO YOU FOR THE SERVICES OF THE ANESTHESIOLOGIST, PLEASE ENDORSE THE CHECK PAYABLE TO NORTHEASTERN ANESTHESIA SERVICES PC AND FORWARD IT WITH A COPY OF THE EXPLANATION OF BENEFITS TO THE FOLLOWING ADDRESS:

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